



AGELAB

Wellbeing Technology

www.agelab.live

Health Optimisation Biohacking Longevity

25+ Brands
100+ Products

B2B/B2C equipment supply
Facilities

DUBAI 2024





**Health Optimisation
&
Biohacking Studios**

**Project Presentation
March 2024
Dubai**

Low testosterone levels are caused by lifestyle in >90% of cases.

COMMON REASONS

Stress

High Cortisol

Carb Diet

High Insulin

Physical Inactivity

Toxins

Alcohol
Nicotine
Food chemicals

Comprehensive approach
Results Guarantee
Proven Protocol



CARDIO / STRENGTH TRAINING



STRESS RELIEF



DETOXIFICATION



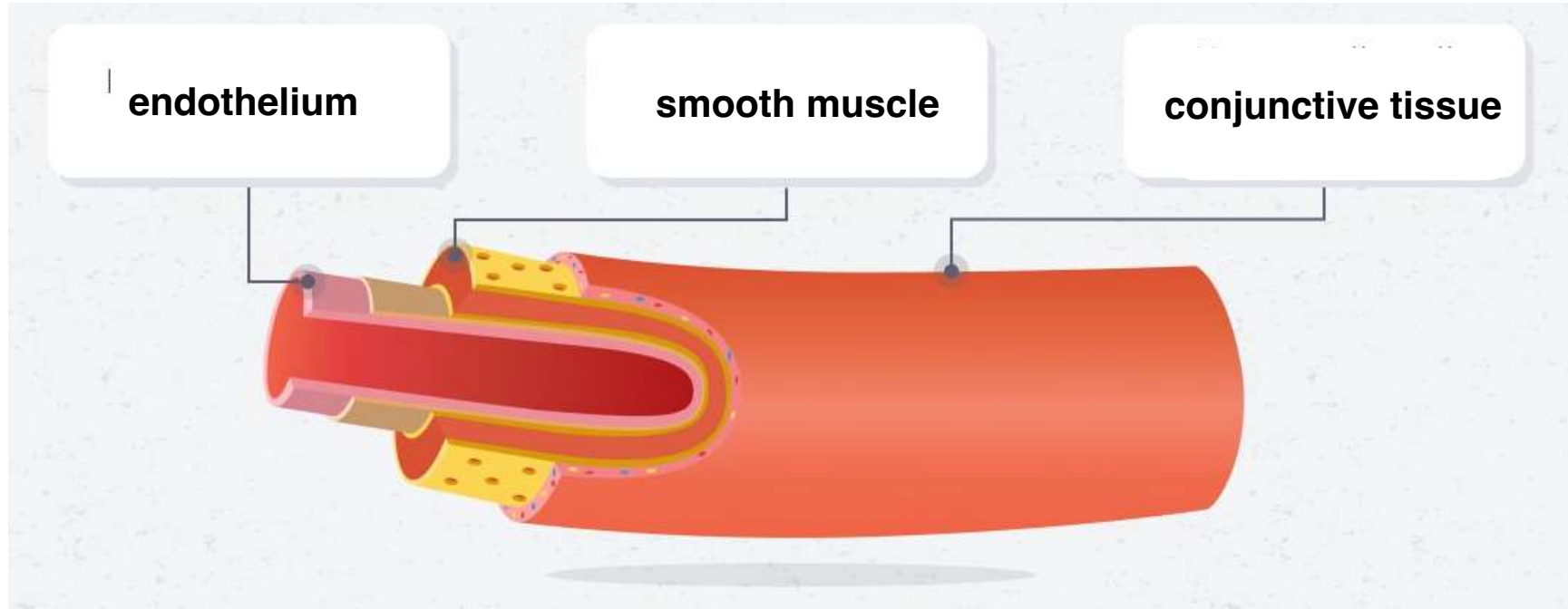
NUTRITION OPTIMISATION

Increase testosterone
Weight control
Optimizing health markers
Mental Performance improvement

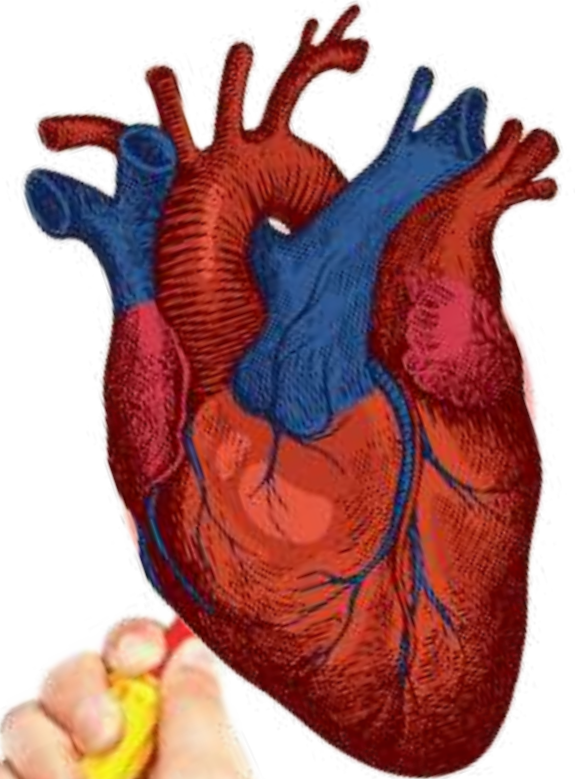
Cardio Training



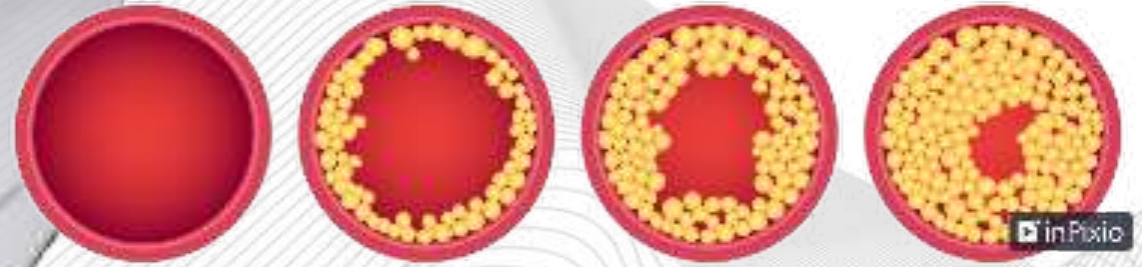
Vascular elasticity



blood vessel structure



Cholesterol



80%
of the cholesterol in your
body is made by your liver



20%
percent comes from
the foods you eat



25%
of the cholesterol in your
body is found in your brain

Cholesterol is a soft, waxy substance found in every cell in your body.

It is used to produce:

- Cell membranes
- Hormones
- Vitamin D
- Bile acids and more

Low levels of cholesterol have been linked to:

- Alzheimer's
- Depression
- Memory loss
- Stroke
- Violent behavior
- Suicide

1

Walking

110 BPM

2

**Running
Bike
Games**

140 BPM

3

HIIT

170 BPM

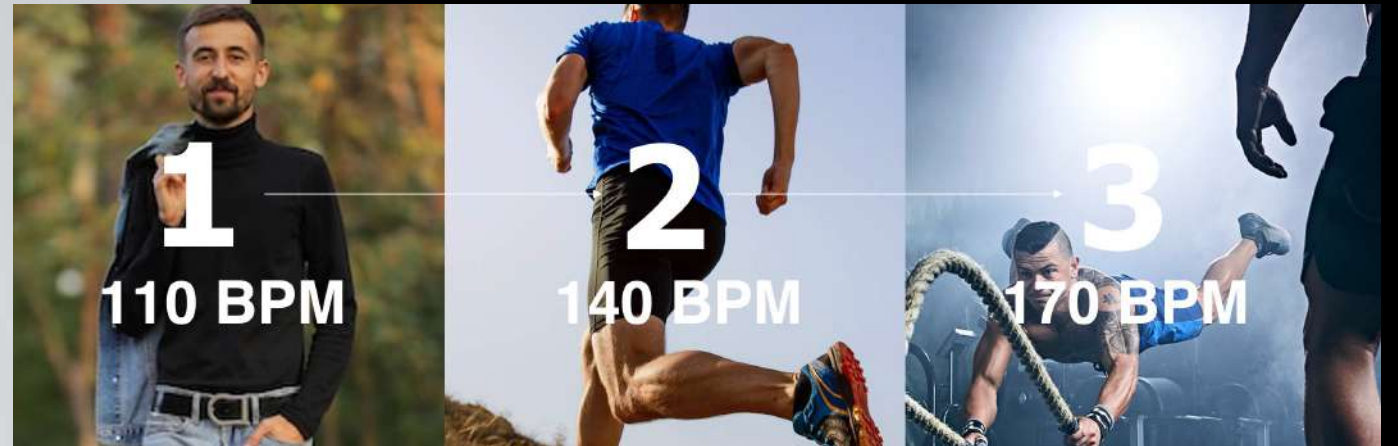
Smart Cardio bike



**World's safest
HIIT bike**



Clinically proven results



Session time 8 minutes



Strength Training



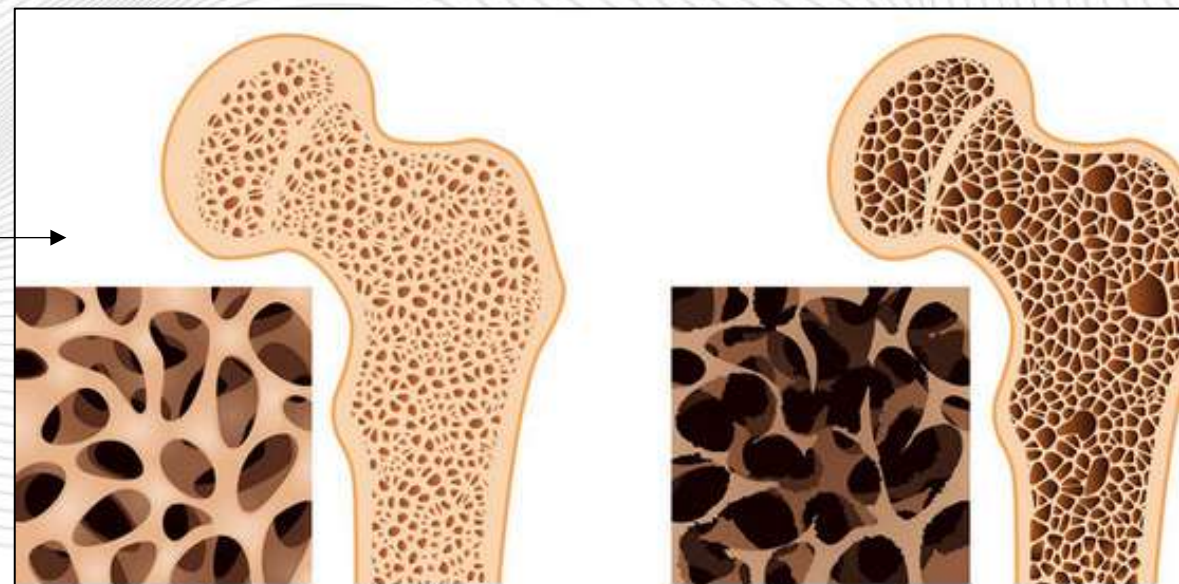
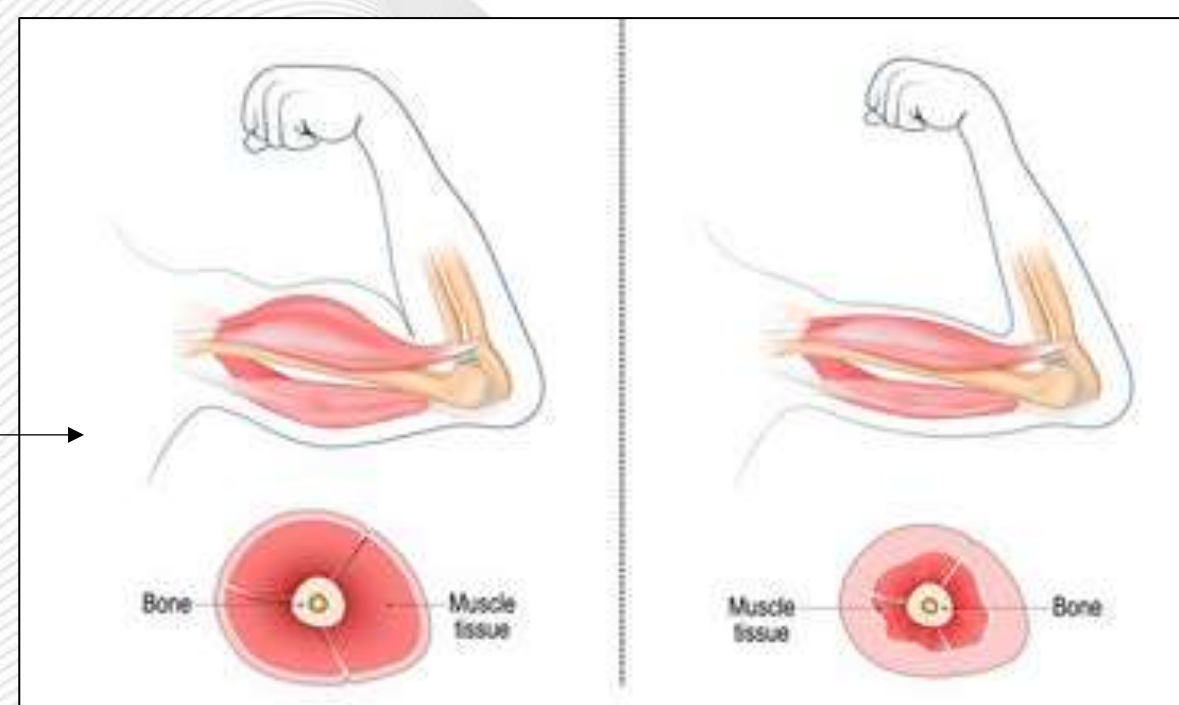
Sarcopenia

Muscle mass loss 1-3% year
from 40 to 70 years age
40-50% lost

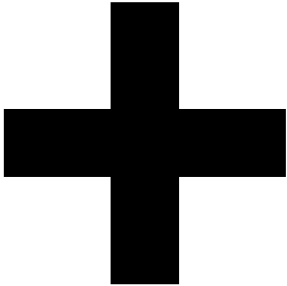


Osteoporosis

Fragile bones



HFEMS + Adaptive resistance robot



High-frequency electric myo-stimulation

World's N1 Premium Solution

Portable
Wireless

**20 minutes of stimulation can replace
1.5 hours of intense free weight training**



Train 350+ muscles at once
20 types of stimulation
Frequency from 5 to 150 hertz
Customized programs





AGELAB
Health. Wellness. Life.

AKUIS



SINTESI

AKUIS



auto setup



Motorized load

8 types of resistance

Gain step 0.1 kg

Imitation of natural conditions

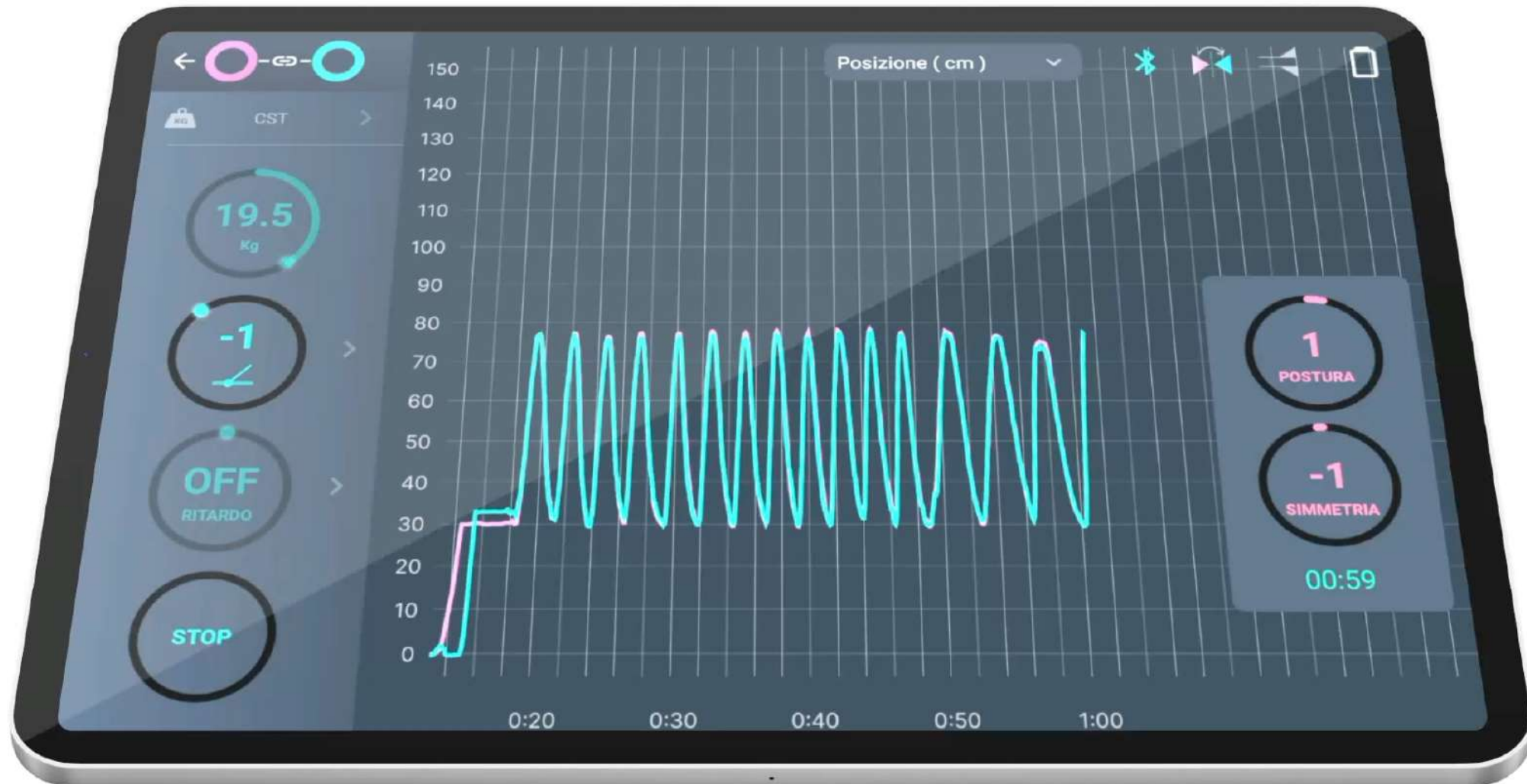
Simulation of space conditions

Data protection

Data Analytics

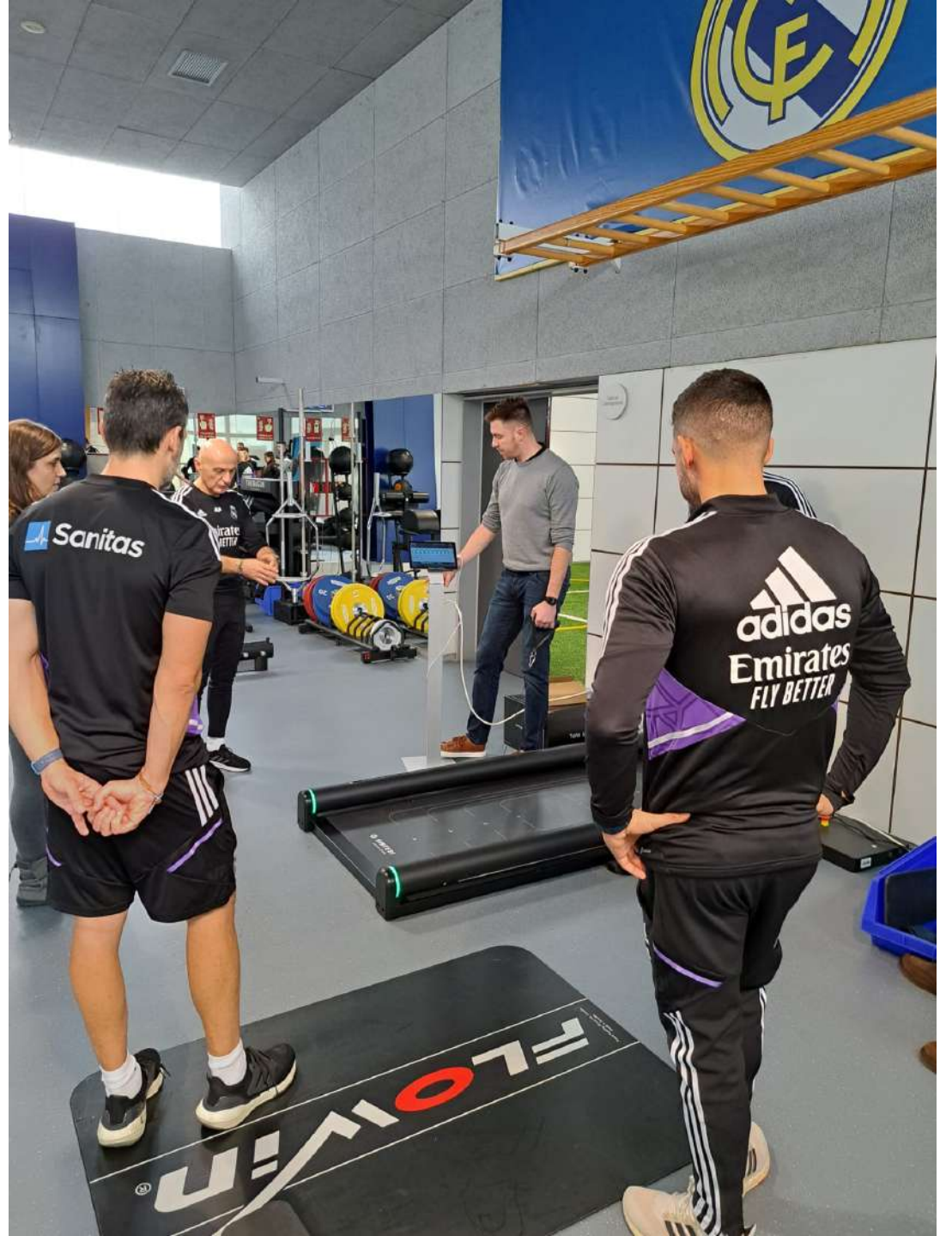
More than 200 video trainings

<https://youtu.be/3EpdIPje2WE?si=Y-CHvQs3luwtubEZ>









Cold Therapy

Session time 2-5 minutes



CRYO

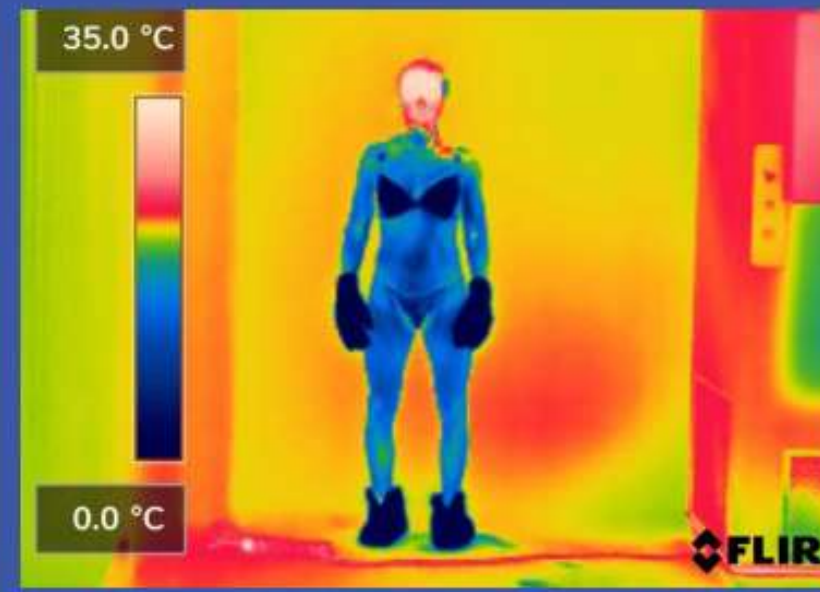
Session time 2-5 minutes



Starting point



Nitrogen gas Cabin results



e°CABIN™ results

Infrared + Red light therapy

Session time 20-25 minutes



TBOOST Protocol

1 hour X 2 times per week

Blood test before
and after to track results

CHALLENGES (App)

14 days alcohol reset
14 days sugar reset
Morning handstand

Cold Therapy

CRYO Chamber or Ice-Bath
5 min



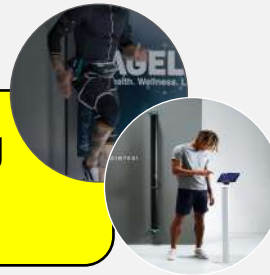
HIIT Cardio

Smart bike
10 min



Full Body Muscle Training

High frequency EMS + Robotic trainer
25 min



Heat & Light Therapy

Infrared Sauna
20 min



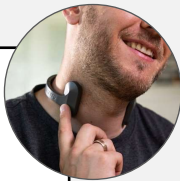
Homework

Smart gadgets for daily use

Smart breathing
6 minutes



Vagus stimulation
4 minutes

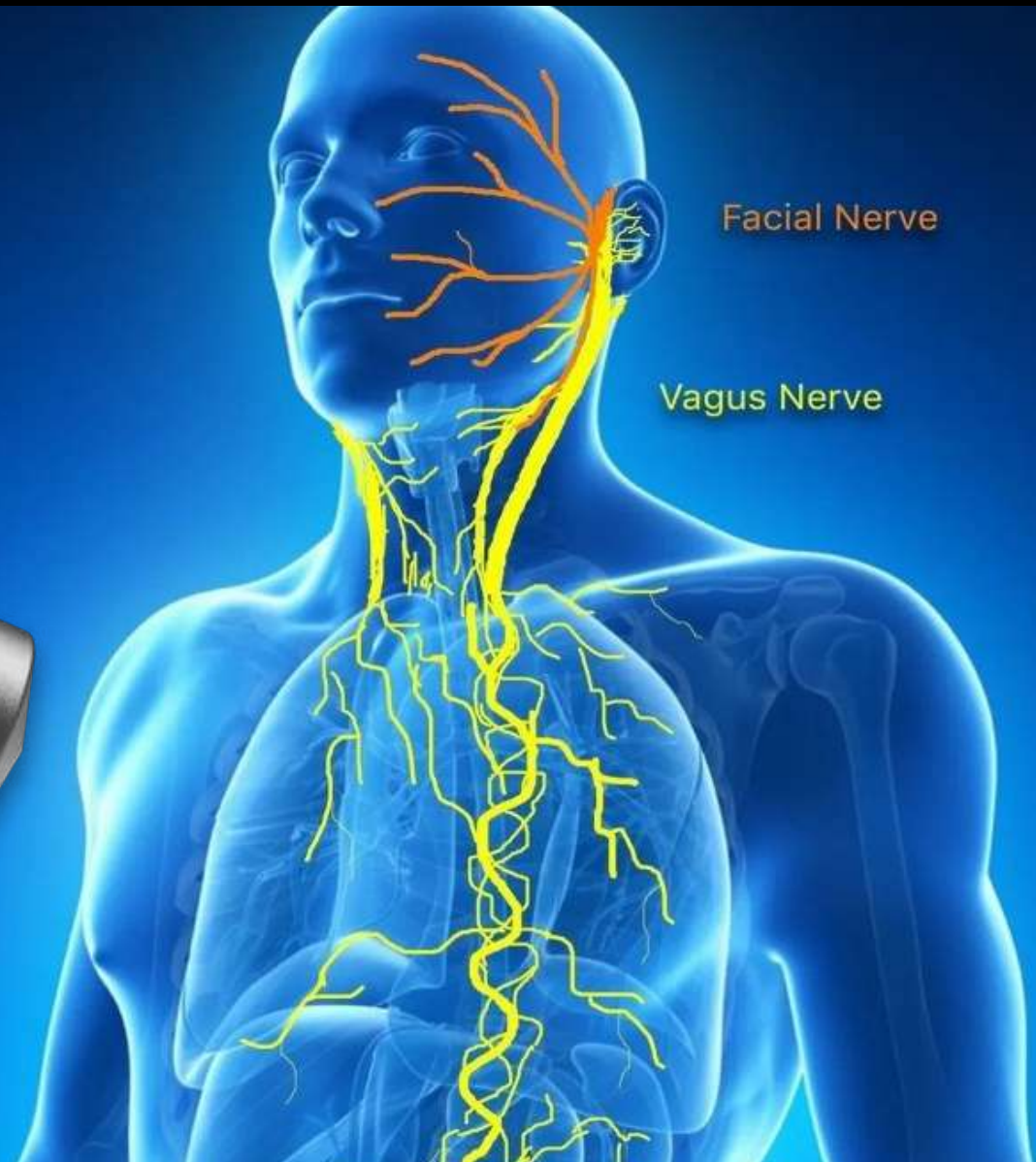


Herbal Supplements

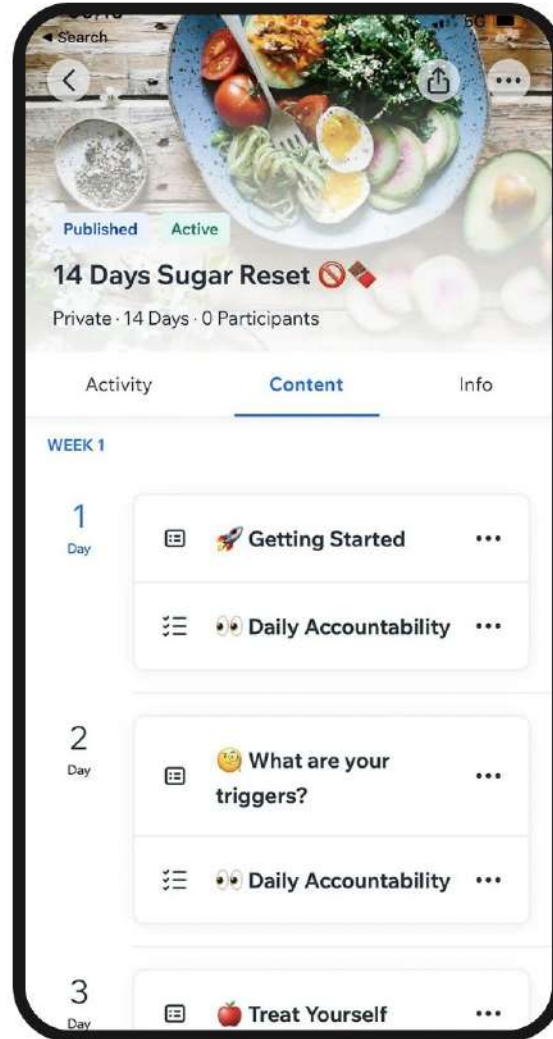
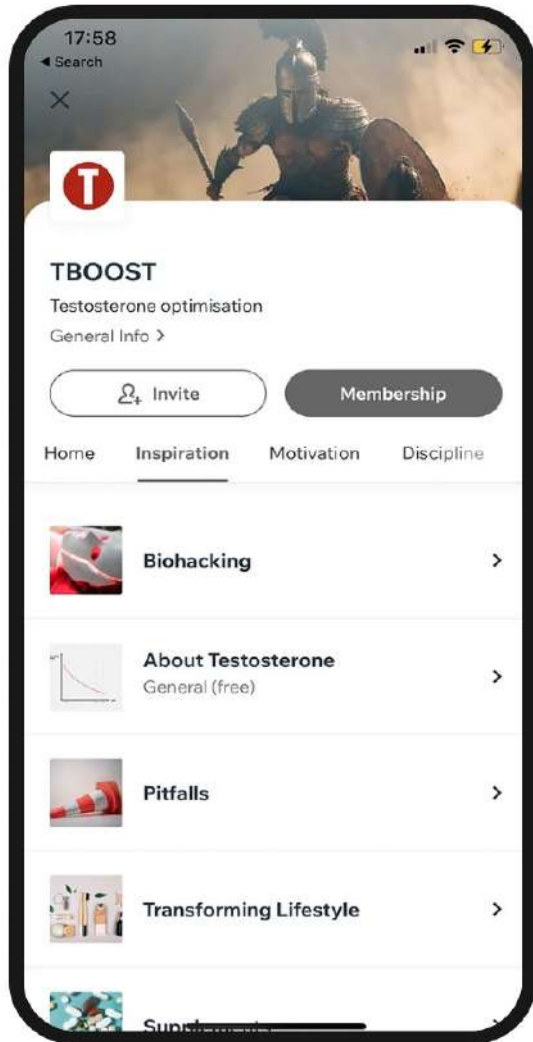
Smart Breathing



Vagus Stimulation



App



Schedule planning

Quick Feedback

Thematic articles

Communities and groups

Curated Challenges

IHT

Interval Hypoxic Therapy

What is hypoxic therapy?

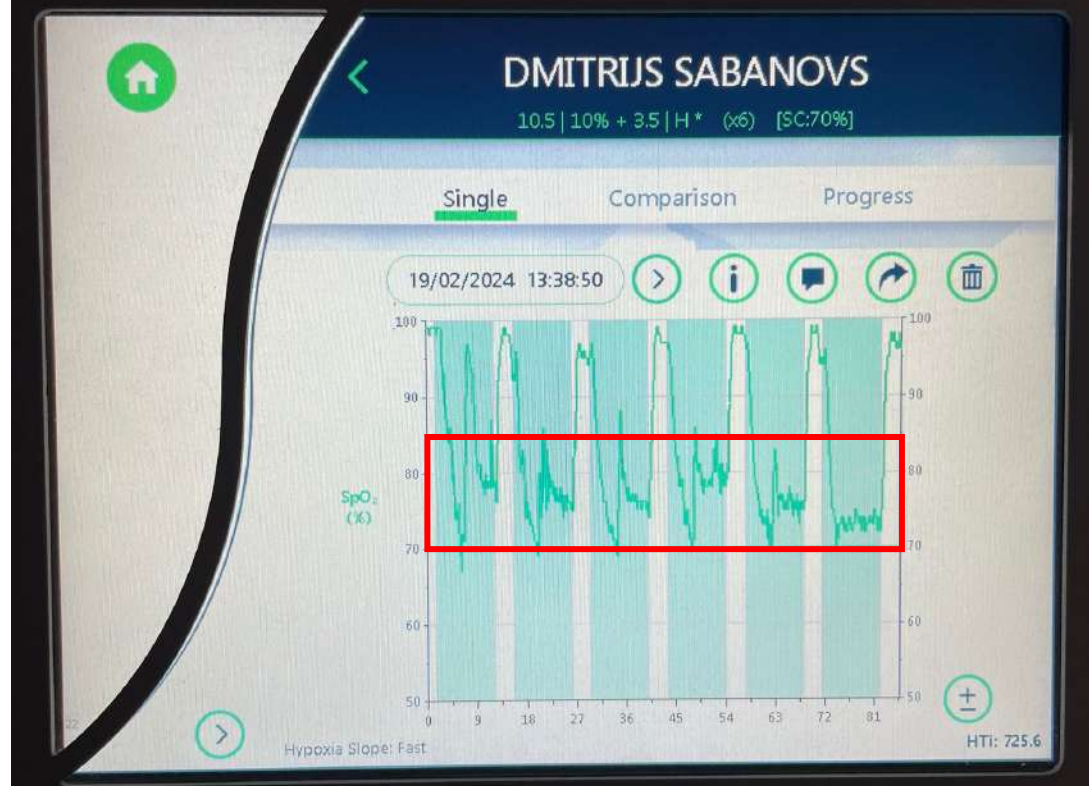
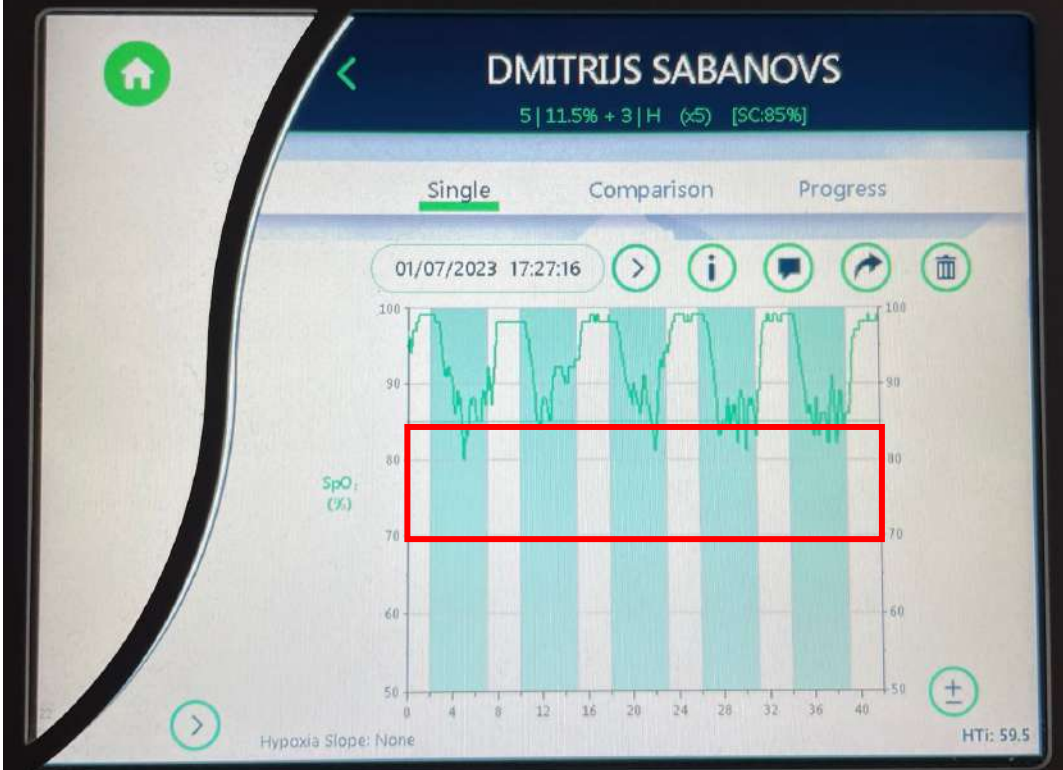
Non-invasive comfortable process that consists of repeated exposures of hypoxia, a condition when the body experience the lack of oxygen. This process leads to increased blood oxygen capacity, which gives to our body a super-power to absorb more oxygen from ambient air.

Lear More www.agelab.live/ihht

World's first medical grade equipment for WELLNESS use







HBOT

Hyperbaric Oxygen Therapy

The patient enters a sealed chamber, and the atmospheric pressure is increased to levels greater than sea level. This allows the lungs to take in more oxygen than would be possible at normal atmospheric pressure. Pressurized oxygen accelerates healing, reduces inflammation, and boosts energy. From tissue repair to enhanced cognitive function.

Lear more <https://www.agelab.live/hbot>



**World's first medical
grade chamber for
WELLNESS use**



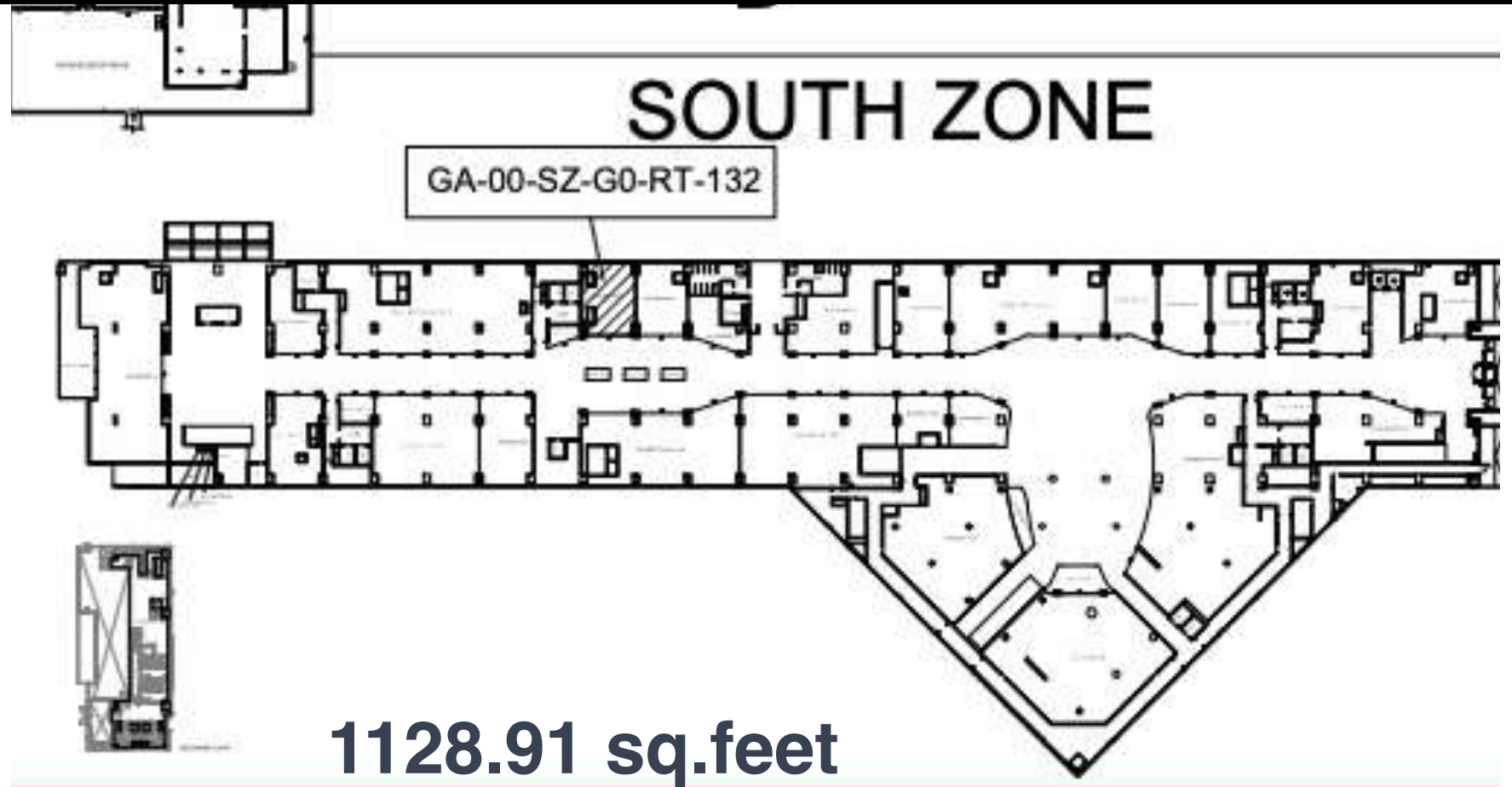
Serenity Lounge



Outlet



Pilot Facility



1128.91 sq.feet

Condition Shell&Core

COMING SOON

FASHION
FOOD
ART

RETAIL
HEALTH
ENTERTAINMENT

**GATE
AVENUE**



dific.or/gateavenue/

@dificgateavenue | @gateavenuedific

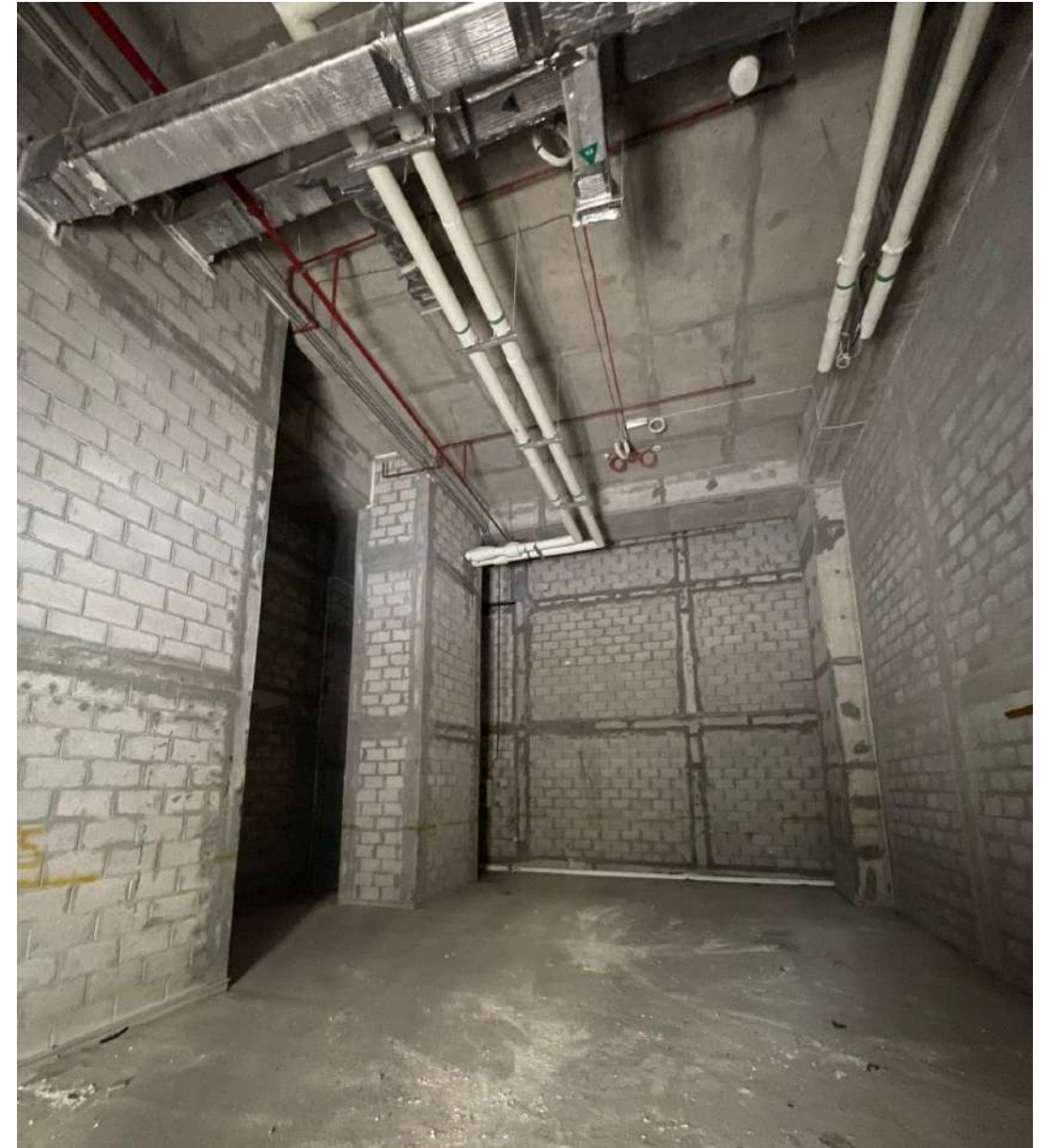
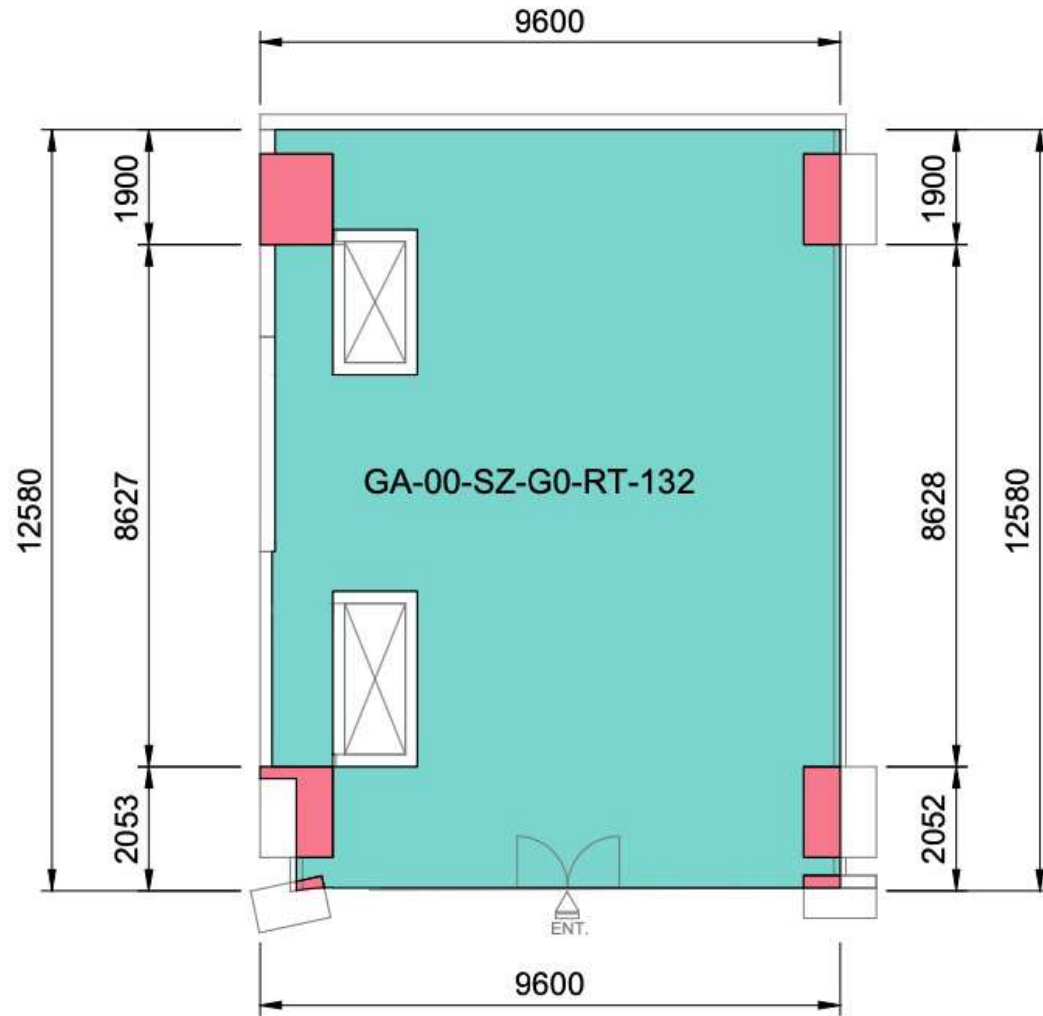
Rm.
HAIR BY ROJIN SALON

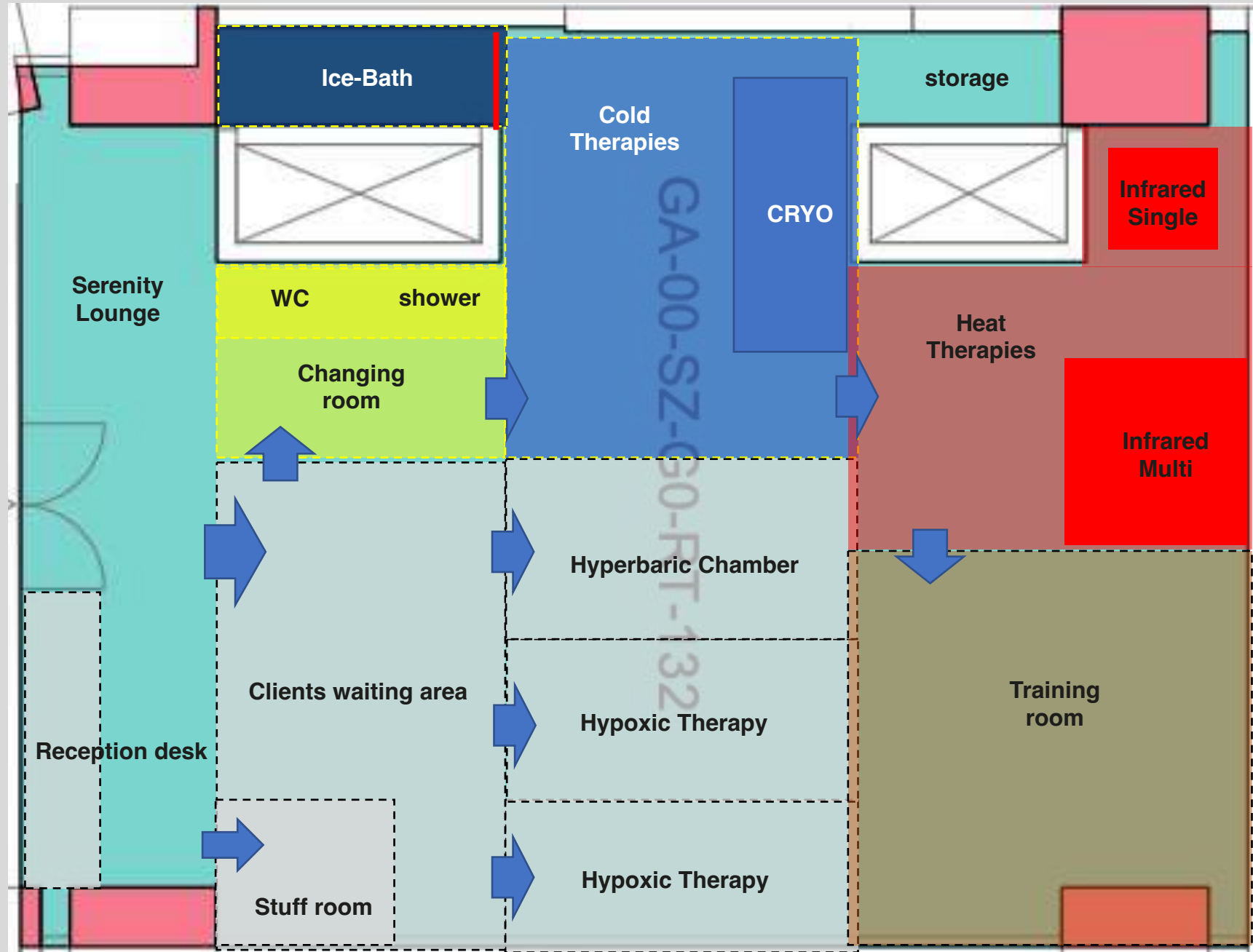
Rm.
HAIR BY ROJIN SALON



1128.91 sq.feet

Condition Shell&Core







Revenue Forecast

Daily max 94 clients

TBOOST 48 clients

Oxygen Lab 46 clients

Outlet n/a

Pessimistic

Daily Average cap. 30%

28 clients / Average bill 600AED

Ann Revenue 6.1 M AED

Optimistic

Daily Average 60%

56 clients

Average bill 1000AED

Ann Revenue 20.6 M AED

Numbers

Investment

6M AED

*EXEL PL by request

Annual cost

5m AED

Annual Revenue

8.5-9M AED

Profit

3.5-4M AED

ROI

18-20 months

**True key to transformation lies
in taking action.**



DMITRI SABANOV

Founder and CEO of AGELAB,
Health optimisation systems integrator.
Expert of health-tech, med-tech, biohacking.
Public speaker.

Profile <https://www.linkedin.com/in/dmitri-sabanovs/>